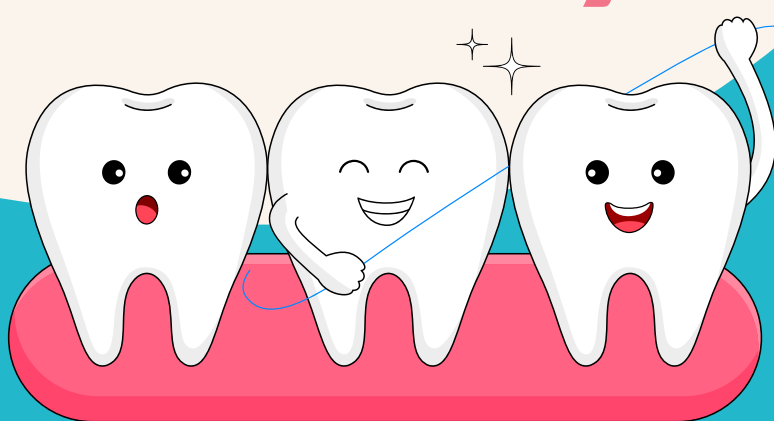


# How to Get White Teeth Naturally



## Baking Soda & Hydrogen Peroxide:

A natural teeth whitening paste

1



## Apple Cider Vinegar Gargle

Remove stains and bacteria

3



## Activated Charcoal Toothpaste

Soak up surface stains

5



## Turmeric & Coconut Oil Paste

The brightening combo

7



## Coconut Oil Pulling

Banish yellow teeth naturally with coconut oil

2



## Strawberries & Baking Soda Scrub

Nature's stain-fighting duo

4



## Lemon & Baking Soda Paste

Natural bleaching power

6



## Neem Twigs for Brushing

Antibacterial teeth whitening

8