## HOW TO REMOVE BLACKHEADS FROM NOSE

## **Baking Soda**

Exfoliates and unclogs pores when mixed into a paste and massaged onto the skin, then rinsed off.

Tightens pores and removes blackheads by applying frothy egg white, covering with tissue, and peeling off when dry.





Dissolves and loosens blackheads when applied, dried, and rinsed off due to its citric acid content.

Soothes and exfoliates skin by applying a mixture of oatmeal, yogurt, and olive oil, letting it dry, and then rinsing.

Oatmeal Mask



Green Tea Prevents blackheads and promotes skin health by applying a warm green tea bag, massaging, and rinsing.

Removes blackheads and promotes healthy skin when a mixture of cinnamon powder and honey is applied, left on, and then rinsed off.

## Honey & Cinnamon Mask

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