

# HOW TO GET RID OF WRINKLES UNDER EYES



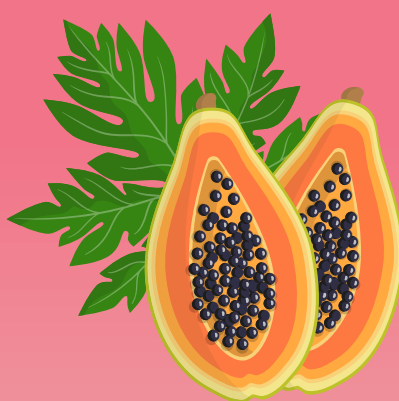
1



## Green Tea Bags

Including a diverse range of foods from all food groups.

2



## Papaya Paste

Managing calorie intake to maintain a healthy weight.

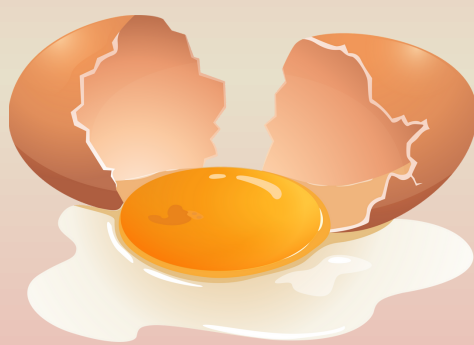
3



## Almond Oil

Providing essential vitamins, minerals, and nutrients.

4



## Egg White Mask

Avoid excessive intake of any one food or nutrient.

5



## Potato Slices

Staying adequately hydrated with water or other healthy beverages.

6



## Cucumber Slices

Consuming appropriate portions of different food types.