HOW TO GET RID OF OILY SKIN?

10 Home Remedies





Cleanse Twice Daily

Wash your face in the morning and before bed with an oil-free cleanser to prevent clogged pores and breakouts.



Apple Cider Vinegar

Mix with water and apply to tighten pores and balance skin pH.



Tomato Mask

Blend a ripe tomato, apply, and rinse after 15-20 minutes.

Reduces excess oil and improves complexion.



Tea Tree Oil

Tea tree oil prevents breakouts and reduces oiliness. Mix with water, apply, and rinse after a few minutes.



Stay Hydrated

Stay hydrated with 8 glasses of water daily. Hydrating foods like cucumbers, watermelon, and citrus fruits add extra hydration.



Blotting Papers

Blotting papers quickly absorb excess face oil by pressing them onto oily areas.



Clay Mask

Clay masks are excellent for oily skin, absorbing excess oil and impurities when used weekly.



Honey

Honey moisturizes skin without greasiness. Apply, leave for 15-20 mins, rinse for balanced, hydrated skin.



Lemon & Egg White Mask

Mix egg white and lemon juice, apply for 10-15 mins, rinse with cool water. Controls oil and improves skin texture.



Watch Your Diet

Avoid oily and greasy foods, opt for a balanced diet rich in fruits, vegetables, and lean protein.

