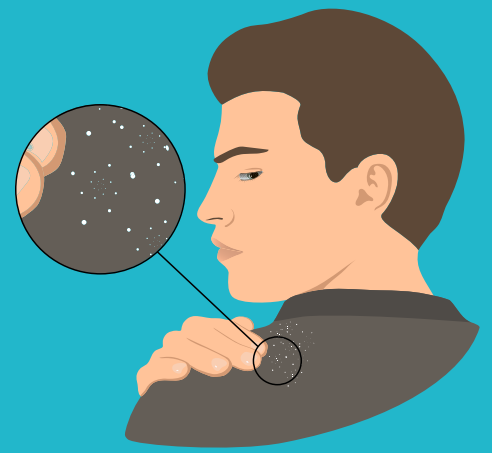


HOW TO GET RID OF DANDRUFF?

10 Home Remedies



1

NEEM LEAVES

Boil neem leaves, cool, and use as a rinse or make a paste to apply and rinse off for dandruff-free hair.



2

LEMON JUICE WITH CURD

Combining lemon juice and curd moisturizes the scalp and combats dandruff when used weekly.



3

FENUGREEK SEEDS

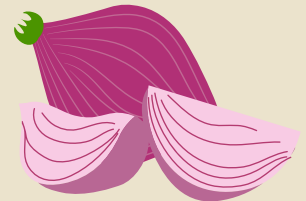
Soak and grind fenugreek seeds into a paste, apply, leave for 30 mins, and rinse to soothe and moisturize the scalp.



4

ONION JUICE

Sulfur-rich onion juice fights dandruff-causing microbes; massage it in, leave for 30 mins to an hour, and rinse.



5

HONEY AND GINGER

A blend of honey and ginger juice combats fungi and moisturizes the scalp, reducing dandruff when applied for 30 mins.



6

APPLE CIDER VINEGAR

Mix with water, apply post-shampoo, and rinse to restore scalp pH, reduce flakiness, and itching.



7

LEMONGRASS OIL

Dilute with a carrier oil, apply, massage, leave for 30 mins, and wash for anti-inflammatory, antifungal relief.



8

AMLA POWDER

Mix with water to create a paste, apply, massage, leave for 30 mins, and rinse to reduce dandruff.



9

OLIVE OIL

Massage into the scalp, leave for 30 mins, and wash with a mild shampoo to moisturize and reduce flaking.



10

ALOE VERA GEL

Apply to the scalp, massage, let it dry for 30 mins, and rinse to soothe and moisturize the scalp.

