HOW TO GET GLOWING SKIN?

10 Home Remedies





Turmeric Mask

Combine turmeric, gram flour, and liquid for a 15-20 minute weekly skin treatment.



Aloe Vera

Mix aloe vera gel, honey, milk, and turmeric for a 20-minute mask twice a week.



Almonds

Gently massage almond oil, then use an almond paste scrub for smoother skin.



Honey

Create a moisturizing honey and lemon mask, leave it for 30 minutes, and rinse for radiant skin.



Baking Soda & Lemon

Exfoliate with a mixture, massage for 2-3 minutes, and rinse for a refreshed complexion.



Mint

Blend mint powder with yogurt, apply, let it dry naturally, then wash off.



Papaya

Mash a papaya slice, add milk, gram flour, and turmeric, apply for 20 minutes, and rinse.



Cucumber

Grate and extract cucumber juice, mix with lemon juice, and apply for 20 minutes to get glowing skin.



Coconut Oil

Moisturize your face by applying and massaging coconut oil, leaving it overnight, and rinsing in the morning.



Green Tea

Brew a cup of green tea, let it cool, mix with honey, apply for 20 minutes, and rinse twice a week for healthy skin.

